

Latest Episode of "Brain of Command" Podcast From Omaha Steaks and The CEO Forum Group Explores the Fast CPU

Podcast featuring CEOs Nate Rempe and Robert Reiss reveals magical hacks for real-world leadership



Key Points

- The newest episode of the Brain of Command podcast explores hack #7 of the Magic 11 hacks: the fast CPU.
- Co-hosts Nate Rempe and Robert Reiss speak with Co-Founder and CEO of NeuroLeadership Institute Dr. David Rock on how to recognize your clock speed and how you can embrace it for smarter, healthier leadership.
- Available on all podcast platforms now.

(OMAHA, Neb., Feb. 2, 2026) – The seventh episode of “Brain of Command,” co-hosted by Nate Rempe, President and CEO of [Omaha Steaks](#), and Robert Reiss, CEO of [The CEO Forum Group](#), is now available for streaming. The podcast centers on the “Magic 11” behavioral hacks that can help leaders transform into effective CEOs, no matter where they start on the organizational chart today. Through monthly episodes, Rempe and Reiss will talk with other industry-leading CEOs, breaking down what it takes to command a room, a career, and maybe even a company.

The seventh “Brain of Command” episode features Dr. David Rock, Co-Founder and CEO of [NeuroLeadership Institute](#), exploring hack #7 of the Magic 11 hacks: the fast CPU.

“Let’s just say hard skills are mathematics, cognition, the ability to understand a concept and process it, versus soft skills being the human element. Trying to ram hard skills to overcome the lack of soft skills, I’ve seen it a hundred times, even in myself as I was coming up in a C-level role,” says Rempe.

“Early in your career, you are rewarded for clock speed, for rapid decision making, and for coming up with great answers for solutions, so IQ and clock speed will help you,” says Dr. Rock. “The more you go up in an organization, the less it actually is about you making decisions all day long and it’s about your human skills. It becomes much more about your ability to understand, motivate and develop other people, both individually and as a team at scale.”

To learn more about the fast CPU, listen to the “Brain of Command” podcast, available now on Spotify, Apple Podcasts, YouTube, and 65 AM/FM radio stations nationwide, and read the accompanying [companion guide](#). Visit <https://www.omahasteaks.com/podcast> for updates, episode archives and more.

About The CEO Forum Group

The CEO Forum Group, founded in 2007, is a Tier 1 media and marketing company focused exclusively on CEOs. Its mission is to “Disseminate CEO wisdom to elevate business, the economy and society.” Robert Reiss, CEO, has interviewed more top CEOs in depth on timeless leadership principles than anyone, with over 1,000 national syndicated interviews on The CEO Show. They also publish The CEO Forum magazine and deliver quarterly Transformative CEO Summits.

About Omaha Steaks®

Omaha Steaks, America’s Original Butcher, founded in 1917, is an Omaha, Nebraska-based, fifth-generation, family-owned company. Omaha Steaks markets and distributes a wide variety of the finest quality USDA-approved, grass-fed, grain-

finished beef and other gourmet foods including seafood, pork, poultry, slow cooker and skillet meals, side dishes, appetizers, and desserts. Today, Omaha Steaks is recognized as the nation's largest direct response marketer of premium beef and gourmet foods, available to customers by calling 1-800-228-9055, online at www.OmahaSteaks.com or at retail stores nationwide.

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